

Her Sports Magazine: Sun protection and Girls4Sport

In the July/August 2004 issue of *Her Sports* magazine, Girls4Sport was proud to be featured as an example of water wear active women can rely on for safer skin.

Sun protection is an especially important factor in an active lifestyle. Whether on land or sea, sports usually take us into the great outdoors (and we really wouldn't want it any other way). Our fabrics have been professionally tested following the AATCC Test Method 183-200. Tested fabrics receive a UPF (UV Protection Factor) rating and are given an equivalent SPF (Sun Protection Factor) rating. To simulate use and wear in real life, our fabrics are tested wet and stretched.

These test results also provide the percentages of UVA and UVB rays that are blocked. Ultraviolet radiation (UVR), is a common cause of most skin cancers, is divided into 3 different bands: UVA, UVB, UVC. Virtually all of UVC is filtered out by our atmosphere so that none actually reaches the earth's surface (and our skin). However, UVB and UVA both reach the earth in significant amounts.

Our tested fabrics are rated at the maximum of SPF 65 and block at least 98% of UVA/UVB rays.



Excerpts from *Her Sports* Magazine
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Protective Clothing

Did you know that a standard T-shirt provides an SPF of just 4? Thankfully, an increasing amount of athletic apparel is being made with added sun protection. Check out Santa Cruz-based Girls4Sport's style-conscious rash guards, which include built-in shelf bras and an SPF of 65. They also block 98 percent of UVA and UVB rays. For more information and to view the product line, go to www.girls4sport.com.